



## Nature Journal (2 Options)

### Option 1 Supplies:

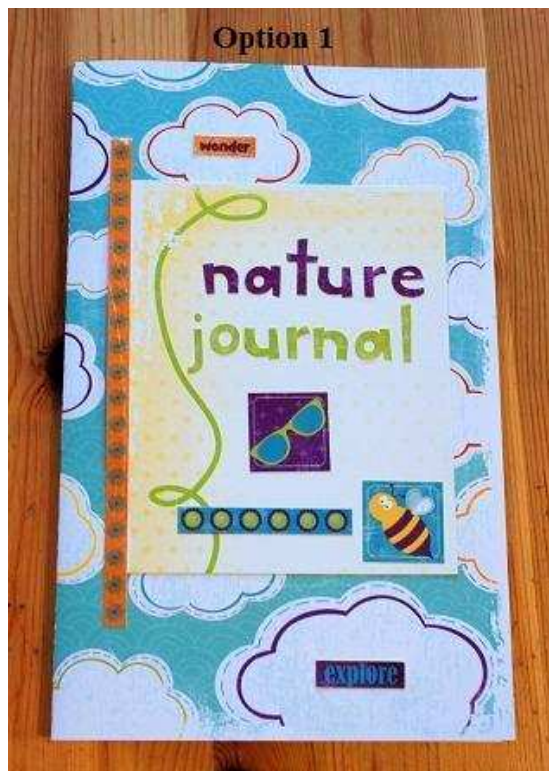
10-12 pieces of white copy paper (8.5x11inches)  
9.5x12 piece of cardstock or patterned paper  
Paper piercer  
Needle and Thread  
Adhesive  
Embellishments

### Directions:

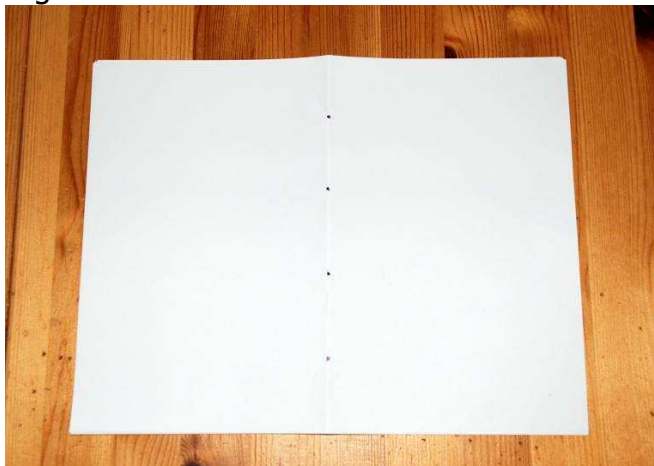
1. Divide your white copy paper into two equal piles. Fold in half so you have two 'books' of 10-12 pages each. Your books should be 8.5 x 5.5 inches



2. Along the spine of your books make four dots equal distance from each other.



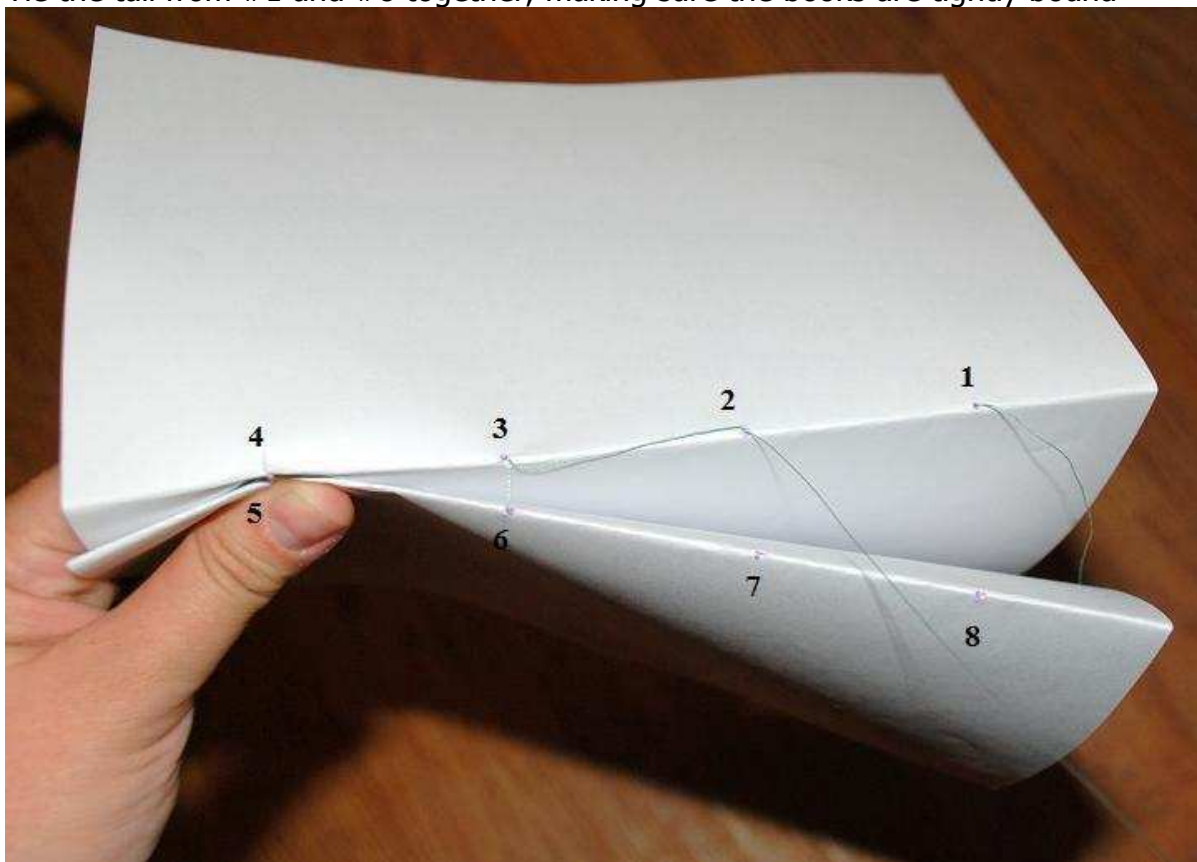
3. Use a needle or paper piercer to pierce the holes in your spines. Next we are going to bind them together with our thread.

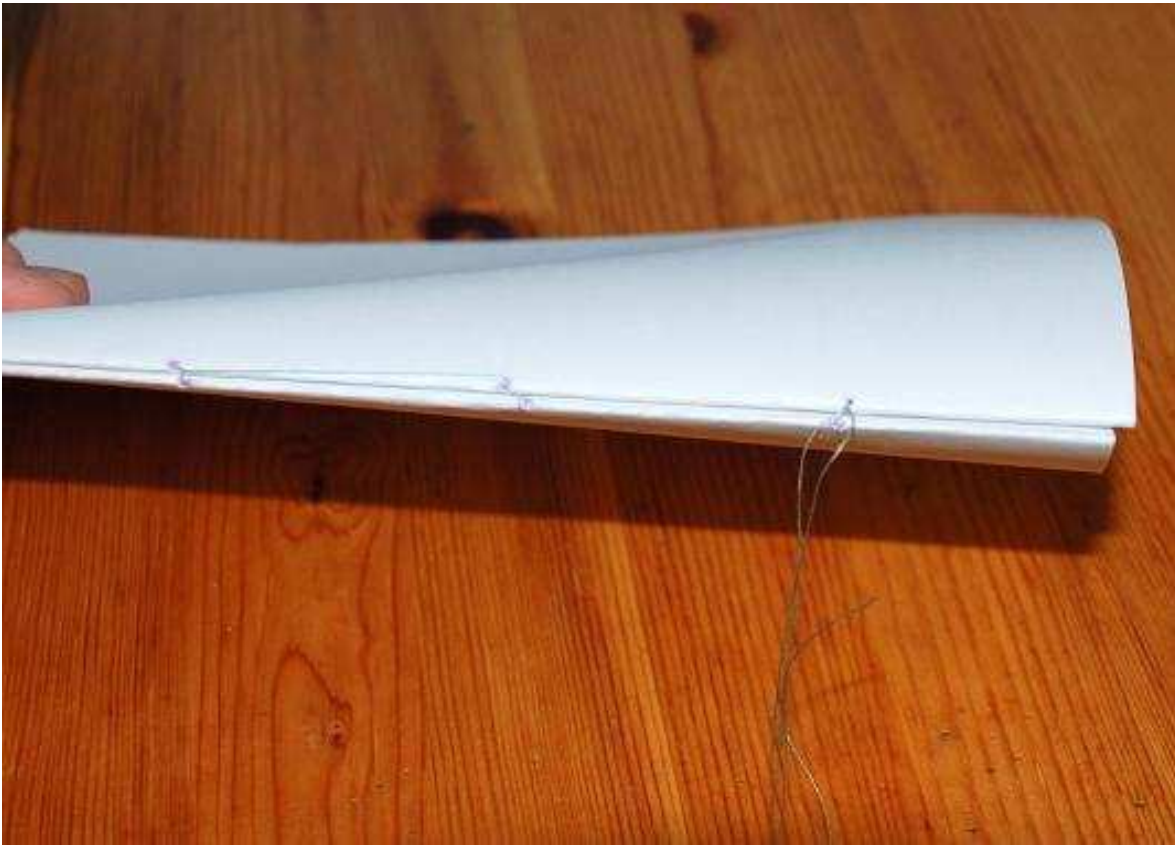


4. Use the numbers on the diagram below to sew your books together in the following order:

Put your needle IN hole #1 (leaving a tail) and come UP #2  
IN #3, UP #4  
IN #5, UP #6  
IN #3, UP #2  
IN #7, UP #8

Tie the tail from #1 and #8 together, making sure the books are tightly bound





5. Prepare your 9.5 x 12 inch piece of cardstock by folding it in half and scoring. Apply adhesive to the first page of the book you just made and adhere to the front cover of the book. Repeat with the back page.



6. Decorate your cover as you wish and let your child fill it with pictures of local birds, bugs, plants, and animals!!! See below for suggestions on how to use your nature journal.

## Option 2 Supplies:

Notebook

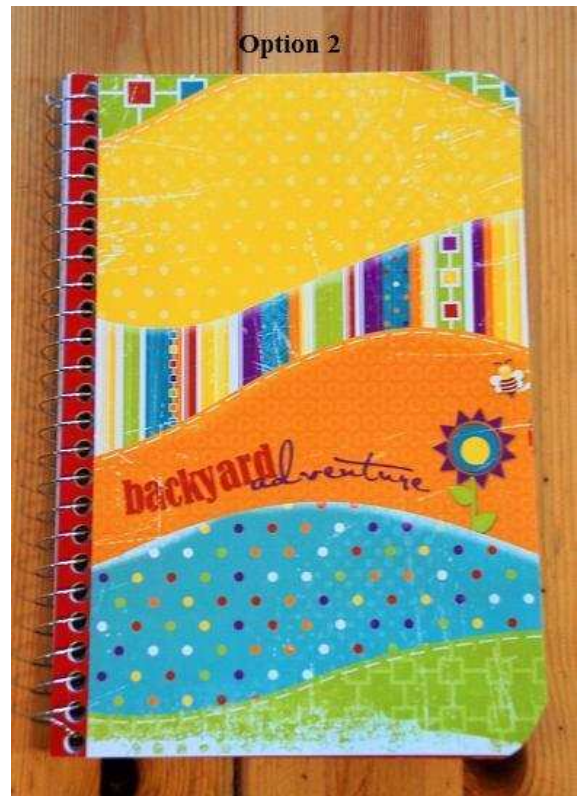
Patterned paper to fit front of notebook

Adhesive

Embellishments

## Directions:

1. Cut patterned paper to fit the front of a store-bought notebook. Adhere to the front and decorate with optional embellishments if you wish!



## SUGGESTIONS FOR YOUR NATURE JOURNAL

1. Let your child take pictures of wildlife and plants. Help him/her look them up and write their names on each page with the picture
2. Have your child find one cool fact about each entry and write it down
3. Use the entries to make a fictional story
4. Print of pictures of local animals and birds for your child if you can't find any to photo
5. Listen to the animal calls online and try to duplicate them
6. Press leaves and flowers to add to your nature journal
7. Get a nature guide at your local library so you are armed when your child wants to know what kind of bird just landed in your backyard – or GOOGLE is your friend! LOL!